

# COMMUNITY HEALTH NURSING

**Placement- First Year**

**Time- 180 hours**

CHN-I – 80 hours Environmental Hygiene- 30 hours

Health Education & Communication skills- 40 hours

Nutrition- 30hours

## COMMUNITY HEALTH NURSING – I

### Course Description

This course is designed to help students gain an understanding of the concept of community health in order to introduce them to the wider horizons of rendering nursing services in a community set – up, both in urban and rural areas.

### General Objectives

Upon completion of this course, the students shall be able to:

- 1 Describe the concept of health, community health and community health nursing.
- 2 State the principles of epidemiology and epidemiological methods in community health nursing practice.
- 3 Explain the various services provided to the community and role of the nurse.
- 4 Demonstrate skills to practice effective nursing care of the individuals and families in the clinics as well as in their homes, using scientific principles.

**Total Hours – 80**

Unit No.	Learning Objectives	Content	Hr	Teaching Learning activities	Method of Assessment
I	Describe the concept of health and disease and community health	<b>Introduction to Community Health</b> a) Definitions: Community, Community health, community health nursing b) Concept of Health and disease, dimensions and indicators of health, Health determinants c) History & development of Community Health in India& its present concept. d) Primary health care, Millennium Development Goals e) Promotion and maintenance of Health	10	Lecture cum discussions.	Short Answers

Unit No.	Learning Objectives	Content	Hr	Teaching Learning activities	Method of Assessment
II	Explain various aspects of Community Health Nursing. Demonstrate skills in applying nursing process in Community Health Nursing settings	<b>Community Health Nursing</b> a) Philosophy, goals, objectives & principles, concept and importance of Community Health Nursing, b) Qualities and functions of Community Health Nurse c) Steps of nursing process; community identification, population composition, health and allied resources, community assessment, planning & conducting community nursing care services.	14	Lecture cum discussions.	Short answers Essay type
III	Demonstrate skill in assessing the health status and identify deviations from normal parameters in different age groups.	<b>Health Assessment</b> a) Characteristics of a healthy individual b) Health assessment of infant, preschool, school going, adolescent, adult, antenatal woman, postnatal woman, and elderly.	10	Lecture cum discussions. Demonstration Role Play Videos	Short answers Objective type Essay type Return demonstration
IV	Describe the principles of epidemiology and epidemiological methods in community health nursing practice.	<b>Principles of Epidemiology and Epidemiological methods</b> a) Definition and aims of epidemiology, communicable and non-communicable diseases. b) Basic tools of measurement in epidemiology c) Uses of epidemiology d) Disease cycle e) Spectrum of disease f) Levels of prevention of disease. g) Disease transmission – direct and indirect. h) Immunizing agents, immunization and national immunization schedule. i) Control of infectious diseases. j) Disinfection.	10	Lecture cum discussions. Non-communicable disease module of government of India. Field visit	Short answers Objective type Essay type
V	Demonstrate skill in providing comprehensive nursing care to the family.	<b>Family Health Nursing Care</b> a) Family as a unit of health b) Concept, goals, objectives c) Family health care services d) Family health care plan and nursing process.	12	Lecture cum discussions. Role play Family visit	Short answers Essay type

Unit No.	Learning Objectives	Content	Hr	Teaching Learning activities	Method of Assessment
		e) Family health services – Maternal, child care and family welfare services. f) Roles and function of a community health nurse in family health service. g) Family health records.			
VI.	Describe the principles and techniques of family health care services at home and in clinics.	<b>Family Health Care Settings Home Visit:</b> a) Purposes, Principles b) Planning and evaluation c) Bag technique d) Clinic: Purposes, type of clinics and their functions e) Function of Health personnel in clinics	10	Lecture cum discussions.  Demonstration  Visits – Home, health center	Short answer  Return demonstration
VII	Describe the referral system and community resources for referral	<b>Referral System</b> a) Levels of health care and health care settings. b) Referral services available c) Steps in referral. d) Role of a nurse in referral	6	Lecture cum discussions.  Mock drill	Short answer  Objective type
VIII	List the records and reports used in community health nursing practice	<b>Records and reports</b> a) Types and uses b) Essential requirements of records and reports c) Preparation & Maintenance	3	Lecture cum discussions.  Exhibit the records.	Short answer  Objective type
IX.	Explain the management of minor ailments.	<b>Minor Ailments</b> a) Principles of management b) Management as per standing instructions/orders.	5	Lecture cum discussions.	Short answer  Objective type